



परमपूज्य श्री दिगम्बर जैनाचार्य 108 श्री विद्यासागर जी महाराज के आशीर्वाद एवं प्रेरणा से
पूणाय आयुर्वेद चिकित्सालय एवम् अनुसंधान विद्यापीठ
दयोदयतीर्थ, सिलवासाघाट, जबलपुर (म.प्र.), कार्यालय: 657, जवाहरराज, जबलपुर (म.प्र.)
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Time Table - First Prof. 2022-23 Term - III

Effective from - 01/02/2024

TIMING DAY	9.00 am -10.00 am	10.00 am-11.00 am	11.00 am-12.00 pm	12.00 pm -1.00 pm	1.00 pm - 2.00 pm	2.00 -3.00 pm	3.00-4.00 pm	4.00-5.00pm
MONDAY	Padarth Vigyan Dr. Snehal	Rachana Sharir Dr. Kiran	Sanskrit/Ayu.tithas Dr. Sharad Sahu	RECESS TIME	Samhita Adhyayan-1 Dr. Rajkumar	Kriya Sharir Dr. Upesh Likhhar	Rachana Sharir Dr. Saurabh Sahu	Rachana Sharir Dr. Saurabh Jain
	9.00 to 11.00 am PRACTICAL		Padarth Vigyan Dr. Rajkumar		Kriya Sharir Dr. Prachi Likhhar	Kriya Sharir Dr. Prachi Likhhar	Sanskrit/Ayu.tithas Dr. Sharad Sahu	Samhita Adhyayan-1 Dr. Snehal
TUESDAY	Rachana Sharir-Batch A Dr. Piyushlata Kriya Sharir Batch B Dr. Sujnan Jain	Rachana Sharir Batch B Dr. Kiran Kriya Sharir Batch A Dr. Sujnan Jain	Padarth Vigyan Dr. Rajkumar		Samhita Adhyayan-1 Dr. Madhavi	Rachana Sharir Dr. Piyushlata	Sanskrit/Ayu.tithas Dr. Sharad Sahu	Library
WEDNESDAY	Rachana Sharir Batch B Dr. Kiran Kriya Sharir Batch A Dr. Sujnan Jain	Rachana Sharir-Batch A Dr. Kiran Kriya Sharir Batch B Dr. Upesh Likhhar	Padarth Vigyan Dr. Madhavi		Rachana Sharir Dr. Saurabh Jain	Sanskrit/Ayu.tithas Dr. Sharad Sahu	Samhita Adhyayan-1 Dr. Kautubh	Mentor Meeting
THURSDAY	Rachana Sharir Batch B Dr. Saurabh Jain Kriya Sharir Batch A Dr. Upesh Likhhar	Rachana Sharir Dr. Kiran	Kriya Sharir Dr. Sujnan Jain		Rachana Sharir Dr. Saurabh Jain	Samhita Adhyayan-1 Dr. Snehal	Sanskrit/Ayu.tithas Dr. Sharad Sahu	Sports
FRIDAY	9.00 am -10.00 am Sanskrit/Ayu.tithas Dr. Sharad Sahu	10.00 am-11.00 am Rachana Sharir Dr. Kiran	Kriya Sharir Dr. Upesh Likhhar		Padarth Vigyan Dr. Kautubh	Samhita Adhyayan-1/ Padartha Vigyan NLH Dr. Madhavi	Kriya Sharir/Rachana Sharir NLH activity	
SATURDAY								

Dr. Sujnan Jain

BAMS, MD (Ayu.)

Dean Academics

Poornayu Ayurved Chikitsalaya
Evam Anusandhan Vidyalaya
Dayoday Teerth